Summer, 2025



VIP is a 501-c3; our ID # is: 04-2867826

What's Happening

vipmv.org

P. O. Box 1204 West Tisbury, MA 02575

Adaptive Sailing with SailMV

VIP has arranged with Sail MV for 6 VIPers to go sailing on Mondays from 2:00-4:00. Sailing is in the lagoon near the drawbridge in Vineyard Haven. The boats fit two people--one of us and an experienced boater from Sail MV. If you are interested in taking part, contact Allison at (508) 627-0143 or Beth at

(774) 563-8391. Sail MV has wheelchair access to the sail boats. Limited spaces available so plan ahead! For more general info go to their website: SailMV.org



After our first test run with Alexander, Martha and Allison, Alexander was ready to go again. "I had a great time at MV Sail. I got to sail with one of my friends that I met when I was swimming at the Y a few years ago when Les was our swimming coach. His name is Todd and we had a great time."

Allison added "It is a great way to experience the lagoon. I had only driven by it. It was fun to see the ospreys going to their nest on a boat."

Stop by the Seven Hills table at the Tisbury Street Fair on Tuesday, July 8th.

Whale Watch and Impossible Dream Slide Shows and Sharing July 13 from 1:00-3:00

Howe's House, West Tisbury, next to the library

Relive the experience seeing whales, dolphins and seals. Share your favorite story of the overnight. Bird Bingo, Thumbs Down, Charades...Catamaran adventure photos too!

Please complete the **Community Health Needs Survey** (it is not long!) that Island Health Care and the Martha's Vineyard Hospital are doing. Go to <u>ihimv.org</u> and share your thoughts.

Cooking Session with Erin

On the afternoon of Friday, May 23, a group of us learned from Erin how to cook delicious baked chicken. She explained the spices that went together in a bowl, and then were rubbed on the chicken. The kitchen at Seven Hills was a great space to gather. Ideas for future cooking teaching sessions were discussed. Stay tuned!



Erin and Tony press the seasoning into the chicken thighs.



While the chicken was baking, we played Ocean Bingo, in anticipation of our upcoming whale watch. Amanda was our caller, and we had many winners.





Gorgeous VIP Walk

The clouds cleared as we made our way through the glorious colors of Polly Hill Arboretum on June 22. Purples, oranges and whites, like the dogwoods behind us, were in abundance. Thanks Ally and Beth for organizing!

JI

There She Blows!

VIPers enjoyed a wonderful whale watching trip in Provincetown on June 10. While it was rainy heading

out, the weather cleared as we watched 12 humpback whales as well as dolphins and seals surrounding our boat.

Pizza was enjoyed in a comfortable room at the hotel, followed by Bird Bingo and Charades. On Wednesday morning after breakfast together, we enjoyed the sunshine around the fire pit and walking on the beach. A group also walked at Blackwater Pond. After lunch at the Fig Tree in Cotuit, some folks stopped at the Cotuit Center for the Arts and enjoyed the exhibit on "All Our Relations, Art of the Wampanoag Nation" including many pieces created by Aquinnah residents. Meanwhile, Amanda and Nika were having pedicures, while Greg had a massage. They picked up lunch at the 99 Restaurant. Beth, Ally and Chris ate at The Bookstore Restaurant in Wellfleet, where they dined outdoors and enjoyed a nice breeze. They got so immersed, they missed their boat!







by Greg

Fun Times by Greg

My father, Dick Marshall, came to the island on Father's Day. We went to The Barn and enjoyed pizza. Then we went to my house and played checkers. I won! Every time he comes, he likes to get some of my cards. He likes them a lot. I had a nice time with him and he wants to go to the Barn again.

I took Margo Ortiz to the Barn for her birthday. We had mozzarella sticks, a cheeseburger and fries. I gave her a mug for her birthday and the owner of the Barn gave her a t-shirt. We had a good time.

I did this for my boss at Murdick's Fudge, Mike McCourt, pictured here in the painting and the photo!



Happy 90th Birthday to Jane! She was a very long-time president of VIP.



Jane with her 6 children and partners. Martha is Jane's favorite youngest child.

Art Sessions at the Chilmark Art Kitchen most Sundays from 2:00-4:00 pm. Text Allison at (508) 627-0143 to verify.

Thanks to the Tisbury Printer for their friendliness, and outstanding service..



Archery Tuesdays from 4:00--5:00 Except no archery July 8.

Camp Jabberwocky, Greenwood Avenue, Vineyard Haven

All are welcome--archers as well as spectators. No experience needed.

Cancelled when weather is stormy or too hot.